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A little advice never hurt anyone and Chatham students have a lot to share. The tips below seem simple, but are still some of the best ways you can survive college—no matter what level you are at.

- Learn Names.** You hear a lot about networking in college. Learning names is the first step. People in high, and even low, places can really get your somewhere. Like into your dorm when you're locked out at 3 AM in the rain. Or some more toilet paper when it really counts.
- Call Home.** You have a cell phone. ...use it. Nothing is worse than having a surprise visit from Mom at the crack of dawn because you ignored her calls.
- Pay Attention.** In class, in meetings, at job training – it all matters. Just pay attention. Stop creeping on Facebook when the professor is talking, put your cell phone away, and learn something. That is what you are here for after all.
- Respect Tradition.** Coming to a women's college means a little more than going to class with a bunch of estrogen-drunk females we have tradition here. They may seem silly, but they're timeless and fun, so join in!
- Eat Good Food.** Anderson can be pretty good if you are creative. Try new things. Baked food from the snack bar or cold pizza every day will not suffice to keep you healthy. Remember, you are what you eat.
- Carry an Umbrella.** It rains in Pittsburgh...a lot. If it looks cloudy, well, even if it doesn't, put an umbrella in your backpack. Getting caught in a flash thunderstorm before a 3 hour Bio lab will not make you new friends – people don't like the wet-dog smell.
- Be Social.** We know Lost is on, but there is also a really sweet event happening in the AFC. So step away from the tube and stream the episode later.
- Watch Your Flex.** If you haven't heard, you have Chatham Cash, a.k.a. Flex, on your ID. Use it in the Snack Bar or the Coffee Shop, but whatever you do, realize it is not infinite. It WILL run out if you buy a latte every day. And then late-night coffee runs will get a little expensive.
- Do Homework.** Believe it or not, professors don't issue homework for fun. There is a point, usually many points that add up to a grade, which if not completed, will be very low. So suck it up, throw a homework party, and get it done.
- Sleep.** Yeah, we know – staying up late and having deep or goofy conversations at 4 AM is the college dream. But you need sleep. If you don't want to catch the College Cough of Death the day before your biggest final exam, then log some Z's and let your body catch up.

🐾 🐾 **September Schedule of Activities** 🐾 🐾

Sunday, August 30—Chatham Cinema: The Proposal, 8:00 pm Quad (Rain Location: Eddy Theatre)
 Monday, August 31—Smoothie Monday!! 9:00 am—5:00 pm, pick up your voucher in the Carriage House, 1st floor (vouchers are limited)
 Tuesday, September 1—Cougar Chalking, all day, various locations; Annual Ice Cream Social, 6:00 pm, AFC Patio
 Wednesday, September 2—Welcome Booths, 11:00 am—1:00 pm, Various locations around campus
 Thursday, September 3—Graduate Student Monthly Social, 4:30 pm, Mellon Board Room; Salsa Dance Lessons, 9:00 pm—11:00 pm, AFC Dance Studio
 Saturday, September 5—Intramural Kick-Off, 3:00 pm, Varsity Field; Date Night Series: Italian Festival, 6:00 pm—11:00 pm, Amphitheater at Station Square
 Monday, September 7—Labor Day, No Classes
 Tuesday, September 8—Add/Drop Period Ends
 Wednesday, September 9—Fall Programming Kick-Off 11:00 am, Quad
 Thursday, September 10—Chatham Student Government Meet & Greet, 11:30 am, Mellon Board Room; Foam Dance Party, 9:00 pm, Quad
 Saturday, September 26—Community Service Day, 8:00 am, meet at Chapel
 Tuesday Night Edge Series—Every Tuesday from 9:00—11:00 pm, Carriage House Student Lounge

connection
 the student
 chatham UNIVERSITY OFFICE OF STUDENT AFFAIRS

The Student Connection is a monthly newsletter aimed at keeping you informed of Student Affairs happenings at Chatham.



Dear Chatham Students,

Excitement is in the air as we open the 2009-2010 academic year, and I am extremely honored and humbled to serve as your Vice President for Student Affairs and Dean of Students. As many of you already know, Chatham University is an extraordinary place committed to excellence in all that we do.

You, along with our faculty, staff and community members, create a rich environment of diversity. Student Affairs is 100% committed to enhancing a campus climate that promotes academic excellence, a community that is respectful and inclusive, as well as a campus that enhances your personal development and success. I encourage you to take advantage of all of the resources that Chatham University has to offer. You will find a team of dedicated faculty and staff willing to go the extra mile to make your educational journey a success. Do everything you can to take full advantage of the broad range of opportunities offered to you. Through these opportunities, your educational experience will be enriched. Whether you are an online, graduate or undergraduate student, Chatham has something to offer you.

You have my personal commitment that student affairs will strive hard to make your educational experience at Chatham University rewarding. Ask lots of questions and raise your voice responsibly if you feel that we are not living up to your highest expectations. We are all dedicated to your personal success. We hope you have a wonderful year.

I invite you to drop by, call or email Student Affairs to say hello, share your comments, issues and ideas. The Student Affairs staff and I will enjoy hearing from you. Our contact information are: osa@chatham.edu, 412-365-1286 and Carriage House, 1st Floor.

In the words of Johann Wolfgang von Goethe, "If we take people as we find them, we may make them worse, but if we treat them as though they are what they should be, we help them to become what they are capable of becoming". I challenge you to use your time here at Chatham to become the person you want to be.

Yours sincerely,

Zouga White



Chatham Fun...



Summer BBQ with the Deans



International Student Social



Good Friends



Winning big at Vegas Night



Battle of the Bands... Song Contest!



Closing Convocation



Spring Formal



RA Appreciation Day



Movie Night in Mellon



Graduate Student Assembly Social

Meet Your Student Affairs Team

There have been many changes within the Student Affairs department and we would like to introduce ourselves to you. Please feel free to stop by and see us, we hope that this helps you get to know us a little better...



Zauyah Waite, Vice President for Student Affairs and Dean of Students — When I'm not hard at work, I love to spend time with my husband Jim and 3 kids, Emma, Ian and Spencer. We enjoy travelling and going to the movies tremendously. I don't have any pets—3 kids crushed this desire very quickly! My favorite college memory is being elected by the student body to be the Comptroller of Student Government Association. If I had an extra \$100 I would treat Jim and the kids to a day at Kennywood—while they're on the rides, I will enjoy a funnel cake all to myself!! The best advice I have ever received was from my dad...he constantly reminds me to be humble — "the higher up you get the more humble you need to be."



Julianne Dunphy, Assistant Director for Student Affairs— In my spare time I enjoy running, traveling, shopping, the outdoors and spending time with family and friends. I'm up for anything challenging and exciting. I don't have any pets now, but in the future I would love to get a dog or steal my brother's dog, Toby! My favorite memory from college is being Chapter President of my sorority, Alpha Chi Omega. If I had an extra \$100 I would probably go to GAP Outlet, my favorite store! The best advice I've ever received was to go into Student Affairs...I love working with students and couldn't imagine myself doing anything else!



Sherri Scott, Executive Secretary to Student Affairs— When I'm not at work the thing I love the most is to spend time with my 2 amazing kids, Jessica & Tyler. I also love hiking, biking and anytime I can spend at the beach! I have 2 cats, Angel (the princess who loves to intimidate small children) and Bailey (the fat cat who is afraid of her own shadow). My favorite college memory is pledging my sorority, Sigma Kappa...I was very shy when I was young and the experience with my sorority really taught me to be a strong woman. If I had an extra \$100 I would buy as many art supplies as possible—I need creativity in my life. The best advice I've ever received is that you teach people how to treat you!



Abby Prokop, Director of Residence Life— In my free time I enjoy spending time with my husband, family and friends. I also love Pittsburgh sports, running, baking and relaxing at my family's farm. I have 6 fish: Corey, Halley Gill, Dr. Suess, Roughy and the gang. My favorite memory from my time at Westminster College is meeting the residents on my floor in Shaw Hall during my first year. Many of those women are still some of my closest friends today. If I had an extra \$100, I would put it toward a beach vacation!! The greatest advice that I have ever received was from my father in a letter that he wrote me on my first day of college..."Do what you know to be right, never what you know to be wrong".



Mark Rice, Area Coordinator, Lower Campus & Residential Spaces— When I'm not working at Chatham, I like to hang out with my wife Jaci, look at art, read, exercise and play music. I don't know if I should tell my favorite memory from college! If I had an extra \$100 Jaclyn and I would go out to dinner and then get ice cream at Oh Yeah's! with our dog Oscar. The best advice I've ever received...that's a really hard question, because I've received lots! I wish I could say I've followed it all, but I'm really still working on it. I would probably say one of the best words of advice I've received is that we should try to be the change we want to see in the world (Gandhi). I've always been inspired by that.



Katy Baranovich, Area Coordinator, Upper Campus— For fun I really enjoy reading, concerts and antiquing which is what I would spend my extra \$100 on. When I was in college my favorite memory is going to El Canelo every single week for Fajita Thursdays with my best friends and the best piece of advice I've ever received..."It is in our moments of difficulty that we have the opportunity to find our greatest strengths!"



Heather Black, Director of Student Activities— When I'm not hard at work in the student activities office, I like beating the Assistant Director of Student Activities & my husband at Mario Cart! I also enjoy watching movies and reading and I have two adorable shitzu's—Black Jack & Izzie. All of my college memories have been classified TOP SECRET!! If I had an extra \$100, I would buy 100 lottery tickets and hope for the best!! My favorite piece of advice...if you're early, you're on time! If you're on time, you're late! And if you're late, you're left! People move on without you, always be on time!!



Ruben Henao, Assistant Director of Student Activities— In my free time I love to go to the Jersey Shore, ski in the Pocono Mountains and travel to big cities. If I had an extra \$100 I would put a down payment on a flat screen TV and my favorite memory from college is getting initiated into my fraternity! The best advice I've ever received— don't hate the game hate the player (just kidding). Seriously..."Siempre derecho nunca hacia atras ni para cojer impulso"...always go forward, never go backwards, not even to shoot forward (sounds much better in Spanish!).



Elsa Arce, Director of Counseling Services— For fun I love to visit with friends and travel, the further the better...Vacation time is travelling time! I also paint (watercolors, Chinese brush painting or Sumi-E and oils), swim 3 days a week and go to the opera, ballet and symphony. I don't have any pets here in Pittsburgh, but in Peru I have 8 dogs and 4 kitties, who we found in a little box...they are my babies! My favorite college memories are my good friendships that will last forever, great camaraderie, lots to learn and the freedom to be me! An extra \$100...I can only dream of doing too much...not sure \$100 would cover all of the expenses, but hey...dreams don't cost a thing! The best advice I've ever received is to keep moving, you are not a quitter!



Diane Dawson, Director of Health Services— In my spare time I really like to golf, rollerblade and most of all SHOP!! I have 2 cats, BJ and Bear, who act more like dogs than cats! My favorite college memory is developing friendships with the students from other countries and learning about their cultures and religions. If I had an extra \$100 what would I do with it? Pay a bill! My favorite advice would be "Hope is the dream of the soul awake".



Amy Buxbaum, Director of Athletics & Assistant Dean of Students— I'm a pretty big sports fan and spend a lot of my time following the Pirates. My favorite hour every week, however, is the time I spend drinking coffee and doing the Sunday crossword. It's a ritual that I never miss! Many of the students have met Junior, my 5 year old chocolate Lab, who visits campus with me occasionally. I also have a puffball of a cat at home named Frannie, who grudgingly shares her house with Junior and me. One of my favorite college memories is a last second win over Washington University when I set a screen that freed our point guard to hit the winning shot! If I had an extra \$100...play money always goes to buy music at my house. I still remember the day my dad reminded me that "there are some things that you do for other people"...advice I hope I never forget.



Ron Giles, Director of Fitness Center & Associate Director of Athletics — When I have time away from work, I really enjoy spending time working on my house and would spend my extra \$100 on tools for just that. I have two dogs Charlie and Kayla and my best advice would definitely be... "Think before you speak"!



Introducing **Marissa Barr-Hartman, Coordinator of International Student Services & Study Abroad Advisor** who works closely with Student Affairs... When I have free time I love to watch movies, especially Bollywood, ride my bike and I'm taking a belly dancing class which is a lot of fun! I have a brindle bull dog/boxer mix named Phil. He looks like a tiger and people cross the street when we walk...really he's a bug wuss though. Studying abroad in London for a year when I was a Chatham student is my favorite college memory. I had an opportunity to travel around Europe and make friends with people from around the world...it completely changed the course of my life and opened my eyes to the world around me and my potential as a young woman. If I had an extra \$100, I would pay my student loans. My best advice...a great professor told me that when you get really stressed or frustrated you have to "flush" your frustration and visualize it disappearing. It's definitely helped me a lot. Another bit of great advice I was once given was that women should never wear shoes we can't run for our lives in!!