

Chatham Family & Friends Association

The Chatham Family & Friends Newsletter is a monthly e-newsletter sent to family & friends of students enrolled in Chatham College for Women. Through this e-newsletter Dr. Zauyah Waite, Vice President for Students Affairs and Dean of Students, as well as the entire Office of Students Affairs staff, hopes to connect and share information about the experiences of the students of Chatham College for Women.

August 2011

Upcoming Events

New & Transfer Student Orientation
Family & Friends Weekend

CFFA

The CFFA is a volunteer organization that exists to promote goodwill and communication between the University and the parents and families of Chatham students. The association's goals are to keep parents informed about the University and to engage parents and family members in activities that will enhance and heighten the educational experience, reputation, and future of the University.

From the Desk of Dean Waite



Our Vice President of Student Affairs and Dean of Students has dedicated her blog to five core beliefs that she has about college students today:

1. Every student should be accepted as an individual and given the opportunity to grow in service, in academic and social skills, in self-awareness, and in personal discipline through diversified educational experiences.
2. Every student should want to exercise their civic rights and responsibilities, be committed to giving back and living sustainably so they can leave the Earth in a better place.
3. Every student needs to take the initiative to create their life the way they want it and to embrace the opportunities that come their way.

Welcome Family & Friends!

Welcome to the start of the 2011-2012 academic year! We are excited to have you as part of the Chatham University community and look forward to connecting with you throughout the year. The Office of Student Affairs encourages your involvement and wants to partner with you throughout your student's years here at Chatham. We believe that involvement in your student's college experience directly affects their academic and personal success. The Office of Student Affairs is comprised of several dedicated staff members that are ready to make great things happen for your student during her time in Cougar Country. We are here to welcome you and keep you informed through our electronic newsletter and [website](#), as well as being accessible through email at cffa@chatham.edu and by phone at **412-365-1286**. Your questions, concerns, ideas and insights are very important to us so please don't hesitate to call!

Cougar Roar to you!



Zauyah Waite, Ph.D.
VP for Student Affairs
& Dean of Students
zwaite@chatham.edu

4. Every student must be able to forgive themselves and accept their imperfections as valuable learning tools moving forward.

5. Every student needs to accept their bodies as they are and as they change - taking care of their physical bodies in healthy and loving ways.

To view her blog visit:

[From the Desk of Dean Waite](#)

Fun Chatham Facts

The Mellon Board Room used to be home to Andrew Mellon's personal indoor pool and bowling alley.

The Chatham Cougar mascot was named Carson just last academic year, after Rachel Carson.

Chatham students come from 45 states and 23 foreign countries.



Important Dates

Opening Convocation: August 28, 2011

First Day of Classes: August 29, 2011

Labor Day/No Classes
September 5, 2011

Add/Drop Ends:
September 6, 2011

Student Health Insurance Waiver or Completion: September 6, 2011

Fall Break:
October 15-18, 2011

Cougar Athletics Upcoming Fall Events

Tennis

Thursday, September 1, 2011 at 4:00pm
Chatham University at Westminster College

Saturday, September 10, 2011 at 1:00pm
Thomas More College at Chatham



Sean McGreevey, Ph.D.

Assistant Dean of Students

smcgreevey@chatham.edu



Hallie Arena

Coordinator of Student Affairs

harena@chatham.edu

Chatham Family & Friends Association

Want to become involved with the CFFA and wondering how? It's easy! Simply send the following information to cffa@chatham.edu:

Parent/Guardian Information

First Name:

Last Name:

Address:

Email:

Student Information

First Name:

Last Name:

Date of Birth:

Year of Graduation:

The CFFA Student Affairs Resource, Hallie Arena, will be available during orientation for all new family & friends of Chatham to talk about the goals and benefits of CFFA. The first meeting will also take place for new and interested family & friends on **Thursday, August 25th** after the Family & Friends Welcome and Lunch in Anderson Dining Hall.

New & Transfer Student Orientation

University

Soccer

Thursday, September 1, 2011 at 4:00pm

Robert Morris University (Club) at Chatham University

Sunday, September 4, 2011 at 5:00pm

Pitt-Bradford at Chatham University

Volleyball

Friday-Saturday, September 2-3, 2011 at 1:00pm, 5:00pm, 9:00am and 1:00pm

Saint Vincent College Labor Day Challenge

Wednesday, September 7, 2011 at 4:00pm

Chatham University at Bethany College

Cross Country

Saturday, September 3, 2011 at 10:00am

Westminster Fisher Invitational

Saturday, September 10, 2011 at 10:30am

Waynesburg Invitation

Chatham University Quick Links

[Family & Friends](#)

[Academics](#)

[Athletics](#)

[Center for Women's](#)

[Chatham University News & Events](#)

[Entrepreneurship](#)

[Office of Student Affairs](#)

[Pennsylvania Center for Women and](#)

[Politics](#)

Join Our Mailing List!

August 25-28, 2011



Orientation is a great way for your student to become acclimated to everything that the Chatham Community has to offer. This four day mandatory program has fun activities and informational sessions to provide both you and your student with the tools to enhance her experience while here at college.

Register online here: [Orientation](#)

Family & Friends Weekend



Save the Date: October 28-30, 2011

Join us along with other families & friends from across the country for a weekend full of fun events and activities! We have planned an exciting line-up of festive activities for students, their families and friends, including Halloween Dinner (with costume contest included!), Breakfast with the President, Harvest Fun Fest, a trip out to Chatham's Eden Hall Farm Campus that will include an organic dinner from local farmers, and more! Be on the lookout for more information on Chatham's Family & Friends weekend in the next e-newsletter!

Advice for Parents of New College Students

Helpful Tips for the Transition to College

1. Leave a note.

If you are dropping your student off at school, leave a note or card somewhere in their new abode (maybe tuck \$20 in also!). After you have left, it will be a nice reminder of how much you care. And as the year continues don't forget to write and send care packages. Though most first-year students are eager to experience their new found independence, they also rely on the security of family ties.

2. Don't Ask If She's Homesick

The power of association can be a dangerous thing. The first few weeks of school are action-packed; adjusting to new people and new situations takes up most of first-year students' time and concentration. Unless they're reminded of it, they'll probably get over the homesickness. And even if they don't tell you so during the first few weeks, they do miss you.

3. Ask Questions (but not too many)

First-year college students have a tendency to resent interference with their independent lifestyle, but they want to know that parents are still concerned. Honest inquiries and friendly discussions can strengthen the bond you have with your daughter.

4. Trust Her

Students are undergoing a challenging period of personal growth. Trust your student.

5. Talk About Social Networking

Many students are actively online, sharing information with friends, classmates, and even strangers. While we encourage students to use these resources, we also caution them to remember that potential employers are looking at these sites and using them to help make judgments on future employees. Remind your student to play it safe online.

Cougar Athletics

Stanley Vieira Named Athletic Director



The Chatham University Athletic Department is pleased to announce that Stanley Vieira will fill the position of Athletic Director for the university, starting in the 2011-12 school year. Vieira comes to Chatham from Lesley University in Cambridge, MA, a member of the NCAA Division III athletics, where he served as the athletic director and a part time faculty member since 1999.

"Stanley Vieira comes to us with the perfect background, experience and leadership. He has a proven track record of success and will be an immediate asset to Chatham University. I am thrilled that he will be joining us at the beginning of this academic year and I cannot wait to see what the future holds for Chatham Athletics with Stanley at the helm," notes Dr. Zauyah Waite, Chatham's Vice President for Student Affairs and Dean of Students.

For more on Athletics News visit: [Chatham Athletics](#)

Chatham University News

Chatham University's Eden Hall Blend Named "Best Student-Brewed Cup of Joe" in Pittsburgh Magazine



Medium coffee - hold the trade imbalances. Two grad students at Chatham created Eden Hall Blend as an environmentally friendly, politically palatable alternative to the big-name brands. This rich fair trade blend is a winner by any standard. It's roasted in partnership with Pittsburgh's La Prima Espresso and all proceeds benefit the Chatham Food Studies scholarship

fund.

To read more visit: [Pittsburgh Magazine](#)

**Chatham Alumna Named One of
New Pittsburgh Courier's "50 Women of Excellence"**

Chatham alumna Cynthia Bradley-King ('97) was recently selected as one of the *New Pittsburgh Courier's* "50 Women of Excellence." She received a Legacy Award at the awards luncheon on August 11 at the Westin Convention Center Hotel.

To read more visit: [Pittsburgh Courier](#)



Chatham University Installs Solar Panels

Chatham University installed a total of 14 solar panels this summer on Woodland and Fickes Halls which will provide students with solar heated hot water. It is fitting that Chatham's latest commitment to sustainability would occur atop of Rachel Carson's old dormitory.

To read more visit: [Rachel Carson Institute Blog](#)



Photo Gallery - Students in Action

Chatham Students and Dean Waite pick apples for the community service portion of Orientation 2010



Fickes Hall cheers on the incoming residents for the 2010-2011 school year during Orientation!



Students Cheer on the Opening of the Academic Year during Opening Convocation 2010



**2010's Global Focus was the Year of Turkey
This year we are celebrating the Year of Vietnam!**



Watch and enjoy the OL welcome performance for New & Transfer Students from last year!



Chatham Glee Journey through Orientation

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Carriage House
Woodland Road
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412-365-1286

