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CU Family & Friends Newsletter

Brought to you by the
Office of Student Affairs

January 2012

Issue: 6

The Chatham Family & Friends Newsletter is a monthly e-newsletter sent to family & friends of students enrolled in Chatham College for Women at Chatham University.



Martin Luther King Jr. Day January 16, 2012



On Monday, January 16, 2012, Chatham University will be celebrating Martin Luther King Jr. Day by hosting an Honorary Brunch in the Mellon Board Room at 10:00 AM and feature student



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[CFFA](#)

The CFFA is a volunteer organization that exists to promote goodwill and communication between the

performances and a keynote address by Pastor Frank Tillman, Jr. the founder and pastor of Christian Fellowship Center Church of God in Christ.

Following the brunch will be an afternoon Community Service opportunity and at 5:00 PM, an All-Faith Worship Service will be held in the Mellon Board Room celebrating Justice, Compassion, Perseverance and Unity.

The service will draw from many leaders and their faith traditions which influenced Dr. King's work including Rabbi Heschel, Gandhi, Bayard Rustin, and Dr. Howard Thurmond.

We are reminded during this day that, "life's most urgent question is: what are you doing for others?" - Dr. Martin Luther King, Jr.

University and the parents and families of Chatham students. The association's goals are to keep parents informed about the University and to engage parents and family members in activities that will enhance and heighten the educational experience, reputation, and future of the University.



Follow [Dean Waite's blog](#) to hear her different views of issues each month, as well as get connected to Returning Student E-News and the Student Connections Newsletter.



Facebook Page

You can now find Chatham University Family & Friends on Facebook!

Search us or click the link below and "Like" us to get frequent updates about events on campus, Chatham in the news, and college parent articles. Also, all family members can use the Facebook page to ask questions either to a Student Affairs professional or other parents and family members. This page was designed just for *you* so "Like" it today!

[Like us on Facebook](#)

Book Recommendation



Brad Sachs has written numerous books about family matters. His 2010 book, *The Empty Nest: Launching Your Young Adult Toward Success and Self-Reliance*, supports parents in their efforts to cultivate their young adult's success and self-reliance while simultaneously maintaining healthy family relationships.

A Note from Dr. Karol Dean

The New Dean of Chatham College for Women



Dear Chatham Community,

As one of your newest members, I am so excited to join the family of Chatham University! I am proud to continue the tradition of women's education as the Dean for the Chatham College for Women.

Since my arrival in early January, the best word to describe my time here has been "exhilarating"! I am learning a great deal about the history and traditions of Chatham, so each day is more fascinating than the one before! In particular, I am enjoying meeting new colleagues and students! It will be no surprise to you that each person I meet and work with extends warm greetings and offers support and assistance in meaningful ways!

It has been great to explore Pittsburgh (especially restaurants!), and I find the winter weather fun so far!

I look forward to meeting many of you during my time at Chatham University!

Karol E. Dean, Ph.D.
Dean, Chatham College for Women

Students Can Stick to their New Years Resolutions!



Fit For the Future Remix: Spring 2012

Chatham's Fit for the Future Remix program was developed to help students learn how to balance their life and incorporate the six components of wellness into their daily lives: Physical, emotional, intellectual, spiritual, interpersonal & social and environmental. This semester we have plenty of events to help students stay on track with their studies and their New Years Resolutions!

Fitness Tuesday & Thursdays from 7:15-8:15am, **Bootcamp** AFC Gym



Family & Friends E-Newsletter Archive

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Important Dates

MLK Day - No Classes

January 4, 2012

RA & OL Applications Due

January 19, 2012

Black History Month

Begins Feb. 1, 2012

Women of Color

HerStory Month

Feb. 15 - March 15, 2012



Campus Events

Yoga

Tuesdays & Thursdays from 5:00-6:00pm, Welker Room

Zumba

Mondays from 8:00-9:00pm in AFC
Wednesdays from 5:00-6:00pm, Eddy Theatre

Contemporary & Hip Hop Dance Classes

Wednesdays from 7:00-8:00pm, AFC Dance Studio



Athlete of the Month
Marguerite Sargent
Sport: Basketball



- Position: Guard
- Class: Junior
- Height: 5'9"
- Highschool: Washington High
- Hometown: Washington, PA
- Major: Creative Writing
- Stats: In the 9 games played this season, Marguerite is leading the team in points per game (10.2), assists per game (3.3), and steals per game (2.4). On December 10th, in conference play against Waynesburg University, she recorded a season high of 18 points.

Upcoming Athletic Contests: Basketball

Saturday, January 14, 2012 at 1:00pm
Chatham University at Thiel College
Greenville, PA

Ice Hockey

Friday, January 13, 2012 at 8:00pm
Saturday, January 14, 2012 at 2:00pm
Oswego State at Chatham University
McKnight Hockey Center

Swimming

Saturday, January 14, 2012 at 1:00pm
Chatham University at Westminster College
New Wilmington, PA

Don't Forget to File the FAFSA



The Spring Activities
Calendar is now available!
Click [here](#) to check it out!



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**Parents, make sure you file the FAFSA...
every year!**

Parents of college-bound teens look forward to filing the FAFSA as much as they look forward to filing their income taxes. It's a federal form and all federal forms aren't exactly user friendly. Many parents are so intimidated by the form that they choose not to file, telling themselves that their student wouldn't qualify for aid anyway because they make too much. But don't fall into that trap. [Read this article that explains 10 Good Reasons to File the FAFSA](#), including FREE money!

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