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Chatham Family & Friends Association

The Chatham Family & Friends Newsletter is a monthly e-newsletter sent to family & friends of students enrolled in Chatham College for Women. Through this e-newsletter Dr. Zauyah Waite, Vice President for Students Affairs and Dean of Students, as well as the entire Office of Students Affairs staff, hopes to connect and share information about the experiences of the students of Chatham College for Women.

September 2011

Upcoming Events

Chatham Happenings

CFFA

The CFFA is a volunteer organization that exists to promote goodwill and communication between the University and the parents and families of Chatham students.

The association's goals are to keep parents informed about the University and to engage parents and family members in activities that will enhance and heighten the educational experience, reputation, and future of the University.

Chatham Happenings

Study Abroad Fair

Tues. Sept. 27, 10:00am
Mellon Board Room

Multi-Faith Progressive Dinner

Tues. Sept. 27, 5:00pm

Cafe Rachel Coffee House Series: Diego Val

Weds. Sept. 28, 7:00pm
Cafe Rachel

Dear CFFA Members,

We want to thank you for your continued support and hope you enjoy all the content found in this September's newsletter. Our goal is to keep you informed of news and events happening on campus for your daughter, and to share any advice we find about college students. As we continue through the 2011-2012 academic year we hope to offer more programs and volunteer opportunities for all CFFA members and continue to grow the association.

The Office of Student Affairs has been busy as all the students have returned to campus and the fall semester has gone underway. Between student organizations, athletic events, Chatham after hours programs and Zumba - our students keep us on our toes!

But in the midst of all this fun we wanted to take time for you as well! Please check out all the events we have planned for Family & Friends Weekend - there's something for all ages! We hope you and your student can join us and we look forward to having you back on campus!

Sincerely,

Office of Student Affairs

*Becoming an R.E.P.:
(Refined, Experienced,
Professional)
Etiquette Dinner*

Thurs. Sept. 29, 5:30pm
Welker Room

*Class of 2012
Dessert is Worth the
Waite*

Mon. Oct. 3, 6:30pm
126 Woodland Rd.

Community Service Day
Sat. Oct. 8, 8:00am

*Celebrate Who You Are!
Festival*

Mon. Sept. 11, 11:00am
Quad

Cirque De Soleil: Quidam
Thurs. Oct. 13, 7:00pm

From the Desk of Dean Waite



Our Vice President of Student Affairs and Dean of Students has dedicated her blog to five core beliefs that she has about college students today:

1. Every student should be accepted as an individual and given the opportunity to grow in service, in academic and social skills, in self-awareness, and in personal discipline through diversified educational experiences.
2. Every student should want to exercise their civic rights and responsibilities, be committed to giving back and living sustainably so they can leave the Earth in a better place.



Office of Student Affairs Staff
(From Left) Stephanie Reynolds, Hallie Arena,
Dr. Zauyah Waite and Dr. Sean McGreevey

Family & Friends Weekend



Family & Friends Weekend is right around the corner and we are looking forward to hosting you for a weekend of connecting with your student and enjoying Chatham! Listed below is the tentative schedule of events. You will soon receive a pamphlet in the mail that you can fill out and return for registration, or you can go online to the [Family & Friends Weekend Website](#) beginning Monday.



Friday, October 28th

3:00 - 5:00p.m.

Registration

Lobby, Mellon Hall

5:00p.m.-7:00p.m.

Halloween Dinner

Anderson Dining Hall

8:00 p.m.- 9:00p.m.

Student Group Showcase

Eddy Theatre

Saturday, October 29th

9:00 a.m. - 11:00a.m.

Registration

Lobby, Mellon Hall

3. Every student needs to take the initiative to create their life the way they want it and to embrace the opportunities that come their way.

4. Every student must be able to forgive themselves and accept their imperfections as valuable learning tools moving forward.

5. Every student needs to accept their bodies as they are and as they change - taking care of their physical bodies in healthy and loving ways.

To view her blog visit:
[From the Desk of Dean Waite](#)

Fun Chatham Facts

Each undergraduate class is pinned with their "class colors" upon their matriculation to the college.

Each year, one of the four colors is passed down from graduating seniors to incoming first years.

Class Colors 2011-2012

First Year - **Pink**
(Class of 2015)

Sophomore - **Yellow**
(Class of 2014)

Junior - **Red**
(Class of 2013)

Senior - **Green**
(Class of 2012)

ALL DAY
Chatham Archive Display
JKM Library

9:30 a.m. - 11:00 a.m.
Breakfast and Bellinis with the President
Gregg House

1:00 p.m. - 2:30 p.m.
Chatham University Soccer (Senior Recognition Game)
Athletic Field

3:00 p.m. - 5:00 p.m.
Harvest Fun Fest & Global Focus - Year of Vietnam Celebration
Eden Hall Farm Campus

5:00 p.m. - 6:00 p.m.
Local Winery Cocktail Hour
Eden Hall Farm Campus

6:00 p.m. - 7:30 p.m.
Organic Dinner
Eden Hall Farm Campus

9:00 p.m. - 11:00 p.m.
Movie Under the Stars
Quad (Rain: Welker Room)

9:00 p.m. - 11:00 p.m.
Café Rachel Cocktails
Café Rachel



Sunday, October 30th

10:30 a.m. - 1:30 p.m.
Pittsburgh Brunch: Black and Gold Day
Anderson Dining Hall

2:00 p.m. - 4:00 p.m.
Chatham University Ice Hockey
Shadyside Academy

If you have any questions please do not hesitate to contact us at cffa@chatham.edu or 412-365-1286.



Students Get Higher Grades if Classes Start Earlier **Study By St. Lawrence University Professor**

It's tempting for college students to avoid those early-morning classes by rationalizing that they'll get more sleep and therefore



Important Dates

Fall Break:

October 15-18, 2011

Thanksgiving Break:

November 23-27, 2011

Last Day of Classes:

December 12, 2011

Reading Day:

December 13, 2011

Final Exams:

December 14-17, 2011

Cougar Athletics **Upcoming Fall Events**

Cross Country

Saturday, October 1, 2011 at
10:00am
Pitt-Greensburg Bobcat
Invitational

Saturday, October 8, 2011 at
10:00am
Carnegie Mellon University
Invitational

Soccer

Friday, September 30, 2011
at 7:00pm
Chatham University at
Waynesburg University

Tuesday, October 4, 2011 at
7:30pm
Chatham University at
Bethany College

Tennis

Thursday, September 29,
2011 at 3:30pm
Chatham University at
Waynesburg University
Sunday, October 2, 2011 at
1:00pm
Westminster College at

better grades. A study by psychologists at St. Lawrence University shows that students starting later in the morning do, indeed, get more sleep, but they also tend to abuse alcohol more and wind up with lower grade-point averages than their early-bird classmates.

The study, by psychology professors Serge Onyper and Pamela Thacher, found that students who had later class times generally got more sleep, but also had more time to go out with friends. On the other hand, it appears that when students know they have an early class, they may tend to avoid nights out on the town.

Thacher says that later class start times might factor into the choices students make. "Those who choose later classes also tend to sleep longer and consume more alcohol and other substances," she says, "while those who elect earlier classes may be more motivated to find ways to offset the early start time by making healthier choices about their daily living."

To read more visit: [St. Lawrence University](http://www.stlaw.edu)

Photo Gallery - Students in Action

Chatham Students help at Eden Hall during their first Community Service trip during Orientation



Comedian Dat Phan signs autographs for Students after his performance in Cafe Rachel

Chatham University

Volleyball

Tuesday, September 27,
2011 at 7:00pm
Chatham University at
Carlow University

Saturday, October 1, 2011
at 12:00pm
Chatham University at
Washington & Jefferson
University

**86% of Young
Americans Believe
College is Essential**



College Is Definitely Worth It:
One year out of high school graduation, an overwhelming majority (86%) feel that a college degree is worth the time and money - including a large majority not currently enrolled in college (76%).

High School Is Not Enough:
An overwhelming majority (90%) agree with the statement: "In today's world, high school is not enough, and nearly everybody needs to complete some kind of education or training after high school."

College Is Essential for Career Success: Even in the current economy, 66% say they are very (22%) or somewhat (44%) optimistic that people in their generation will have good opportunities for jobs and careers, while 33% say they are worried about this.

Cost Is a Barrier: Cost was the biggest challenge faced in transition to college. Five in 9 students who attended college say that affording it was very or pretty challenging. Of those who did not attend college, 56% said affordability was a key factor.

College More Challenging Than Expected: A majority (54%) report that their college courses were more difficult than expected. And 24% say they



**Student Athletes prepare to "Win It" at the
Student Athlete Meet and Greet!**



**Students Celebrate the beginning of the
Academic Year 2011-2012**

were required to take noncredit remedial or developmental courses by their college.

Rigorous Course Work - More Math, Science, Writing:

Students wish they had taken more math, science, and writing-intensive course work in high school.

Life Skills Are Also Important:

Students wish their high schools had given more practical career readiness and more basic preparation for how to engage in a college environment - including how to manage personal finances.

To read the full article visit: [College Board](#)

Contact Info Update

Please help us keep our records up to date! If you need to update contact information (Home Address, Contact Number, Email, etc.), please call, email or write the Office of Student Affairs.

You may call during regular business hours at 412-365-1286 or email us at cfa@chatham.edu. If you prefer "snail mail" , write to us at:

**Chatham University
Office of Student Affairs
Woodland Rd.
Pittsburgh, PA 15232**

**CFFA E-Newsletter
Archive**

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Lion Dancers performed at this year's Opening Convocation



All Class Years of Chatham College for Women, College for Graduate Studies and School of Sustainability and the Environment are represented!



[Chatham University News & Events](#)
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Join Our Mailing List!

Internship/Job Shadowing Opportunities

From the Office of Career Development

The Office of Career Development is reaching out to you to identify new internships, job shadowing, and professional opportunities within your organization or personal network for Chatham students. In today's tough economic times, students need hands-on practical experience prior to graduation.

If you have regional or national opportunities to share, or would like more information, please contact David Fortna at dfortna@chatham.edu or (412) 365-1775.

chatham UNIVERSITY
CAREER DEVELOPMENT

Chatham University

News

For our health, for our planet, and for our principles, Chatham has gone bottled-water free!



Chatham University has installed filtered water stations across its Woodland campus in locations such as Cafe Rachel, outside the Weathervane snack bar and in Braun, Buhl and the AFC. All students were given their own reusable water bottle at no charge to promote our mission of Sustainability!

To know more about Chatham's Sustainability Office,
Like them on Facebook!



Chatham gets LCB permission to serve beer, wine inside Cafe Rachel

The State Liquor Control Board has granted Chatham permission to begin serving beer and wine this fall inside Cafe Rachel, the coffee shop in Woodland Hall on campus.

Chatham President Esther Barazzone voiced an opinion supported in some quarters of higher education -- and disputed in others -- that it's better to encourage responsible drinking in a supervised campus setting than to push students away from campus on foot and in their cars, or risk that students will drink unsupervised behind closed doors in a dorm room.

To read the full story visit: [Pittsburgh Post-Gazette](#)



Chatham University

Office of Student Affairs
Carriage House
Woodland Road
Pittsburgh PA 15232
412-365-1286



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