• A certificate founded in relationship-based training in order to promote optimal development for infants and families
• Students master essential elements for fostering infant social and emotional well-being
• Program is open to both degree seeking and non-degree seeking students for graduate credit or continuing education units
• Saturday workshops provide the opportunity to work side-by-side with fellow practitioners in the field and to participate in group interactions
• Coursework emphasizes experiential learning in agreement with current academic research
• A three-semester, highly interactive, coeducational program taught in an electronic classroom environment
PROGRAM OF STUDY

The Low-Residency Graduate Certificate in IMH is a three-term, flexible cohort model that includes six courses taught in an electronic classroom environment.

FIRST TERM
• PSY 506 Essentials of Infant Mental Health (3 cr)
  This course will provide an introduction and overview of Infant Mental Health (IMH). Core theoretical concepts related to the practice of IMH will be examined. Emphasis will be placed on understanding how IMH principles provide a foundation for working with infants, toddlers, and families across setting and disciplines.
• PSY 509 Infant Development (3 cr)
  This course will provide in-depth examination of infant development from conception through age 3. Participants will gain an understanding of the biopsychosocial aspects of brain development, attachment theory, temperament, and the potential consequences of trauma and loss. The development of specific developmental milestones across key skills areas will be reviewed.

SECOND TERM
• PSY 510 Infant Assessment (3 cr)
  This course will provide students with an introduction to and hands on experience completing developmental assessment of infants from a multidisciplinary perspective. Participants will learn to assess infant development of milestones in cognitive, social-emotional, communication, adaptive skills as well as sensory integration.
• PSY 512 Practices and Principles of Infant Mental Health Intervention (3 cr)
  This course introduces specific prevention and intervention approaches for promoting attachment relationships and social-emotional development in children aged 0 to 3 emphasizing evidenced-based practice. Participants will gain valuable skills for assisting parents, caregivers, educators, and children in the promotion of social, emotional, and behavioral development.

THIRD TERM
• PSY 514 Infant Attachment and Family Interactions (3 cr)
  This course will explore the early attachment relationship between parent and child, problems in the attachment process, and interventions to improve the quality of attachment relationships. Opportunities to observe and assess attachment relationships within different at-risk populations will be provided.
• PSY 518 Family Interactions (3 cr)
  This course will provide students with in depth instruction and observation of parent-infant interactions, an understanding of family systems, and approaches to assessment and intervention within this relationship.

ADMISSION REQUIREMENTS
• Proficiency in written and oral communication and computer usage including word processing and the Internet
• A baccalaureate degree from an accredited college or university
• Official undergraduate and graduate transcripts
• Online application without fee at www.chatham.edu/sceapp

CHATHAM UNIVERSITY ONLINE PROGRAMS
• Professional Doctor of Occupational Therapy (OTD)
• Doctor of Nursing Practice
• Master of Science in Nursing
• Low-Residency Master of Fine Arts in Creative Writing
• Master of Professional Writing
• Master of Science in Interior Architecture
• RN-to-Bachelor of Science in Nursing
• Low-Residency Graduate Certificate in Infant Mental Health